

Ser Cho Ling
54333 Two Hills Road, North Fork, CA 93643
559 877-2396
626 688-0983 Eydie
www.rimeling.org

25 Nyungne practice, April 21 – June 10

Thousand Armed Chenrezig Empowerment: April 20, 6:30 pm

Information for attendees:

- * **Empowerment from Wangchen Rinpoche is necessary for this practice.** Rinpoche will offer the empowerment for Thousand Armed Chenrezig the evening before our retreat begins. You are required to receive the empowerment from Rinpoche even if you have received it from another teacher, or you have Rinpoche's permission to attend without it.
- * **Please register by providing your name, address, phone number, and exact session dates that you plan to attend to: eydie.dolma@gmail.com.**
- * If you are attending the entire retreat and coming from out of town, you are welcome to arrive a day or two early to get acclimated. **Please let us know your travel plans.**
- * **TRAVEL:** We are about 1 hour from Fresno, CA, 4 hours from Los Angeles, and 4 hours from the San Francisco area. The closest airport is Fresno Yosemite International Airport (FAT). **We will pick up retreatants who arrive in Fresno. Please try to arrive by afternoon.**
- * Everyone else, please plan to arrive by 6:00 the evening before your scheduled 2 day session(s). Plan extra time for traffic. You don't want to be arriving after sunset. Ser Cho Ling is isolated, no street lights, no street signs. You should definitely plan to arrive while it is still light out. **Each session will end on the morning of the 3rd day at about 6:00 am.**
- * **Eight Nyungne Practice:** You may participate in any 8 sessions that you choose. **Saga Dawa 8 Nyungne dates are: May 25 to June 10 am. Please arrive on Wednesday, May 24th. Saga Dawa full moon day is June 9th.**
- * **You will need to bring:**
a mala, sleeping bag or bedding, pillow, towel, alarm clock, cup, personal toiletries, shawl or sweater for the shrine room, at least one item of white clothing for practice is suggested. **We will provide cushions to sleep on. You must bring your own bedding.**
- * **There is no fee for joining Nyungne practice.** All food, drinks, texts and other retreat expenses are provided by the center through generous donations.

Contributions are gratefully accepted, and our offerings create an important and virtuous connection with the teacher and the practice.